

Fat Otter Adventure Sports

Frozen Otter Ultra Trek - Gear List

Gear on the required gear list **MUST be carried at ALL TIMES** during the event. The items on the list are essential for survival in the case of an emergency. If participants are found without all required items, they will be disqualified and shuttled back to the main transition area.

Personal Required Gear - All Participants

Clothes suitable for the event
Full Change of Clothes (pants/tights, shirt, socks)
Emergency Blanket
Cell Phone
Lighter
Fire Starter (fire gel, fire stick, etc.)
Sufficient food and water
Headlamp w/ extra batteries
First Aid Kit (minimum requirements below)
Shelter

*Anything that blocks wind and water. ex. Tarp with means to pitch it, tent, emergency bivvy, etc.

First Aid Kit (minimum requirements)

Pain Killers
Ace Bandage
3x3 Bandage
Medical Tape

Recommended Gear *Not Required

Trekking Poles
Jetboil or small cooking stove
Bodyglide
Toilet Paper
Hand/Feet warmers
Gaiters in case of deep snow
Rain Gear

